Battle Plan Training: Module 4

Combat Stress Control Support

Battle Plan Training Objectives

- The Battle Plan Training modules were developed:
  - To establish a structured training program for all Division Mental Health Section members;
  - To clarify the DMHS's tactics, techniques and procedures in Combat Stress Control operations.

Module 4 Objectives

- The Area Support Medical Battalion Mental Health Section
- The Combat Stress Control Company
- The Combat Stress Control Detachment

Additional Resources

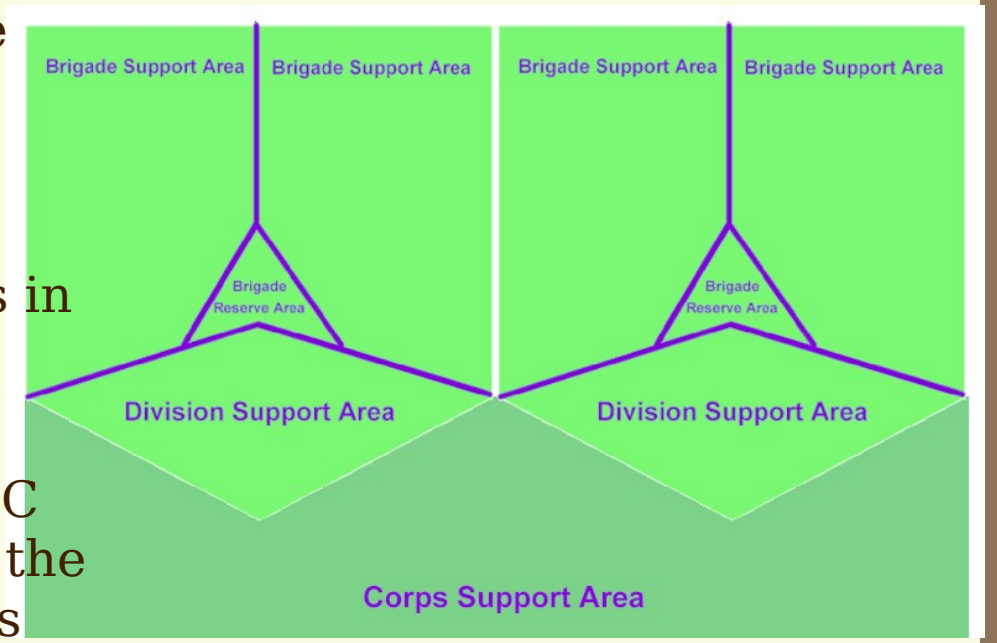
- During review of this Module, consult *Field Manual 8-51, Combat Stress Control in a Theater of Operations, Chapter 2, Section II, and Chapter 3, Sections II-IV.*

- The following resources may also prove helpful:
  - *FM 22-51, Leaders' Manual for Combat Stress Control*
  - *FM 8-55, Planning for Health Service Support*

Area Support Medical Battalion Mental Health Section

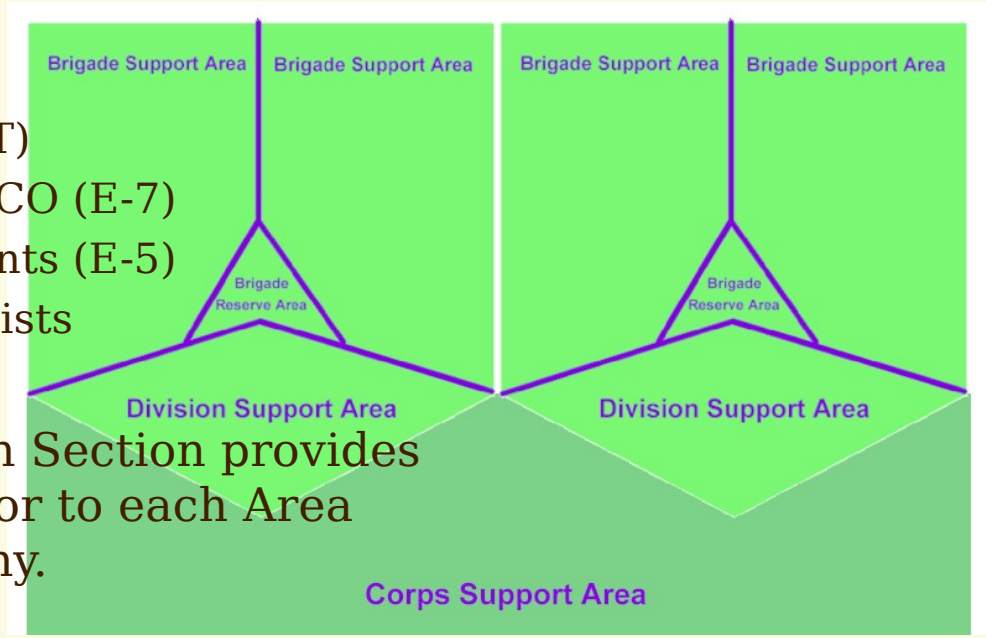
Area Support Medical Battalion Mental Health Section

- The ASMB Mental Health Section is a medical element that serves the corps support area.
- It collocates with the Battalion Headquarters in the corps support area.
- The ASMB provides CSC support to units within the CSA (similar to DMHS's support to the Division).



Area Support Medical Battalion Mental Health Section

- The ASMB Mental Health Section is staffed by:
  - Psychiatrist (MAJ)
  - Social Work Officer (CPT)
  - Senior Mental Health NCO (E-7)
  - 3 Mental Health Sergeants (E-5)
  - 3 Mental Health Specialists



- The ASMB Mental Health Section provides one NCO CSC Coordinator to each Area Support Medical Company.

- The ASMB Psychiatrist will reinforce CSC Support with other personnel as needed.

Combat Stress Control Company

Combat Stress Control Company

- The Medical Company, CSC provides combat stress casualty prevention, treatment and management within the communications zone (COMMZ) and combat zone (CZ).
  - COMMZ is the rear area of the theater of operations, behind the combat zone.
  - CZ is the area in which combat forces are conducting their operations, forward of the rear.
- Usually 2-5 Divisions and their Corps are supported.
- The Medical Company, CSC is comprised of:
  - Headquarters
  - Preventive Section
    - 6 Combat Stress Control Preventive Teams (CSCP Teams)
  - Restoration Section
    - 4 Combat Stress Control Restoration Teams (CSCR Teams)

      These teams may be reorganized for special CSC missions.

Headquarters Section Personnel

- Commander/Psychiatrist (LTC)
- Chaplain (CPT)
- Medical Operations Officer
- First Sergeant
- Supply Sergeant
- NBC NCO
- Unit Clerk
- Mental Health NCO
- Prescribed Load List Clerk
- Armorer
- Motor Sergeant
- 2 Light-Wheeled Vehicle Mechanics
- Power Generation Equipment Repairman
- 3 Cooks

Preventive Section

- The Preventive Section can be divided into six 4-person Combat Stress Control Preventive Teams (CSCP Teams).
- CSCP Teams operate within the CSA, but may augment the DMHS or a Medical Detachment, CSC as needed.
- This Section has the following personnel:
  - 6 Psychiatrists (3 MAJs and 3 CPTs)
  - 6 Social Workers (2 MAJs and 4 CPTs)
  - Senior Mental Health NCO (E-7)
  - 5 Mental Health NCOs (2 E-6s and 3 E-5s)
  - 6 Mental Health Specialists (3 E-4s and 3 E-3s)

Restoration Section

- The Restoration Section can divide into four Combat Stress Control Restoration Teams (CSCR Teams).
  - Team membership is tailored to the needs of the mission.
- Teams operate restoration or reconditioning centers when attached to an ASMC or CSH.
- Teams may also reinforce DMHS, ASMB Mental Health Section, or Medical Detachment, CSC. *Please refer back to Module 1's description of Restoration and Reconditioning Programs.*

Restoration Section

- This Section has the following personnel:
  - 4 Occupational Therapy Officer (2 MAJs, and 2 CPTs)
  - 4 Psychiatric Nurses (2 MAJs and 2 CPTs)
  - 4 Clinical Psychologists (1 MAJ and 3 CPTs)
  - Senior Mental Health NCOIC (E-7)
  - Senior Psychiatric Wardmaster (E-7)
  - 7 Mental Health NCOs (3 E-6 and 4 E-5)
  - 11 Mental Health Specialists (6 E-4s and 5 E-3s)
  - 3 Occupational Therapy NCO (1 E-6 and 2 E-5s)
  - 5 Occupational Therapy Specialists (2 E-4s and 3 E-3s)
  - Patient Administration NCO (E-5)
  - 3 Patient Administration Specialists (2 E-3s and 1 E-3)

Combat Stress Control Detachment

Combat Stress Control Detachment

- The CSC Detachment is a 23-person unit composed of :
  - Headquarters
  - Combat Stress Control Preventive Section
    - 3 Combat Stress Control Preventive Teams (CSCP Teams)
  - Combat Stress Control Restoration Team (CSCR Team)

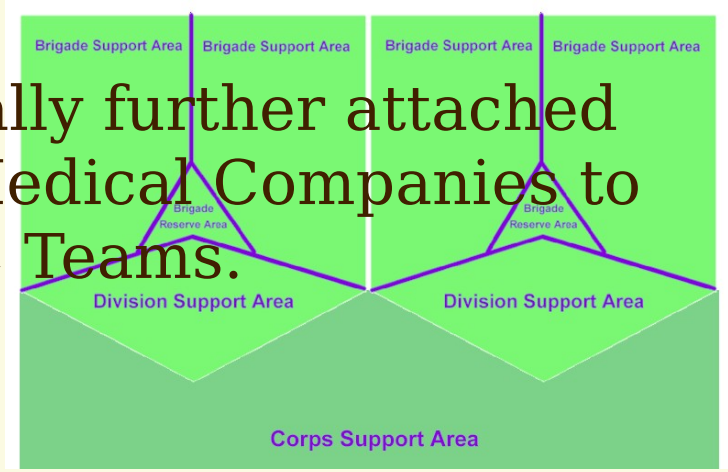
    These teams can be reorganized for special CSC missions.

- The Detachment can provide CSC support to a Division or to 2-3 separate Brigades.

- The Detachment is assigned to a medical C2 headquarters and its teams are attached to a medical company at the Division or Corps level.

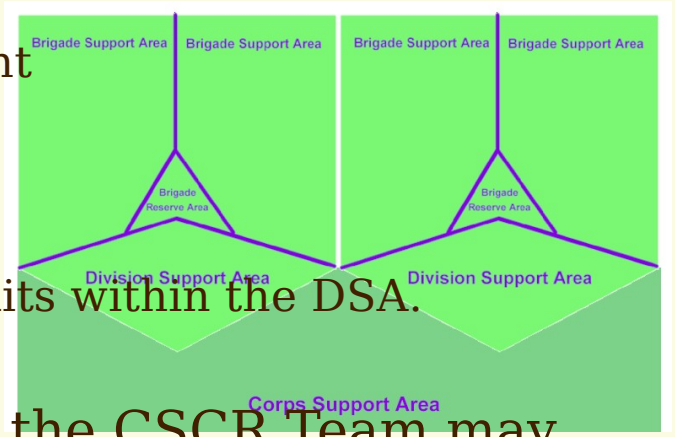
Combat Stress Control Detachment

- When supporting a Division, the CSC Detachment is attached to the Main Support Medical Company in the Division Support Area.
  - The Main Support Battalion and MSMC have *operation control*
  - The Division Psychiatrist and Division Surgeon have *technical control*.
- The CSCP Teams are usually further attached to the Forward Support Medical Companies to augment the Brigade CSC Teams.



Combat Stress Control Detachment

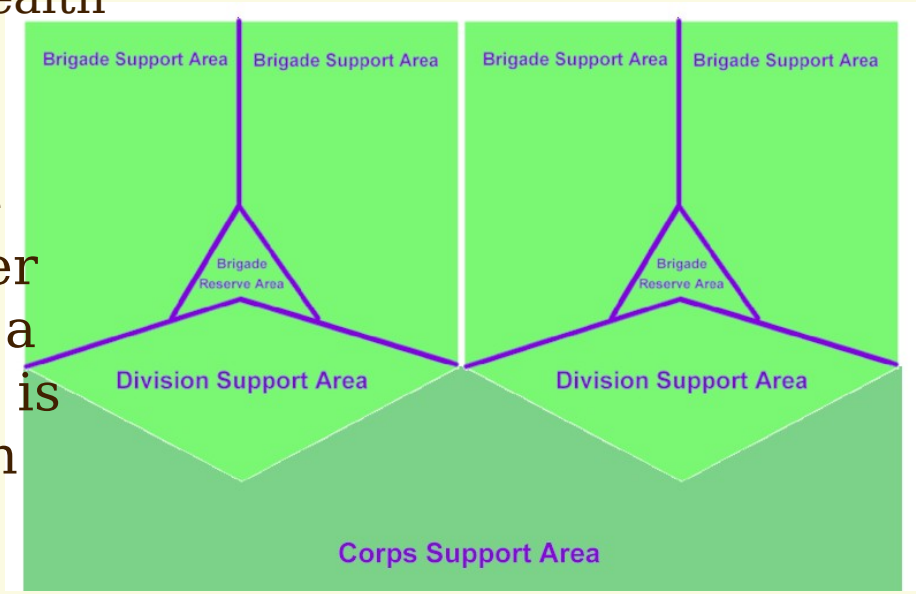
- When supporting a Division, the CSCR Team remains with the DMHS at the MSMC in the DSA.
- The CSCR Team operates a restoration center, providing:
  - Up to 3 days of Restoration Treatment
  - Triage
  - Consultation Services
  - After-action Debriefings
  - Reconstitution Support to attrited units within the DSA.
- If the DSA becomes too unstable, the CSCR Team may relocate to the ASMB or to a corps hospital.



CSC Detachment Headquarters

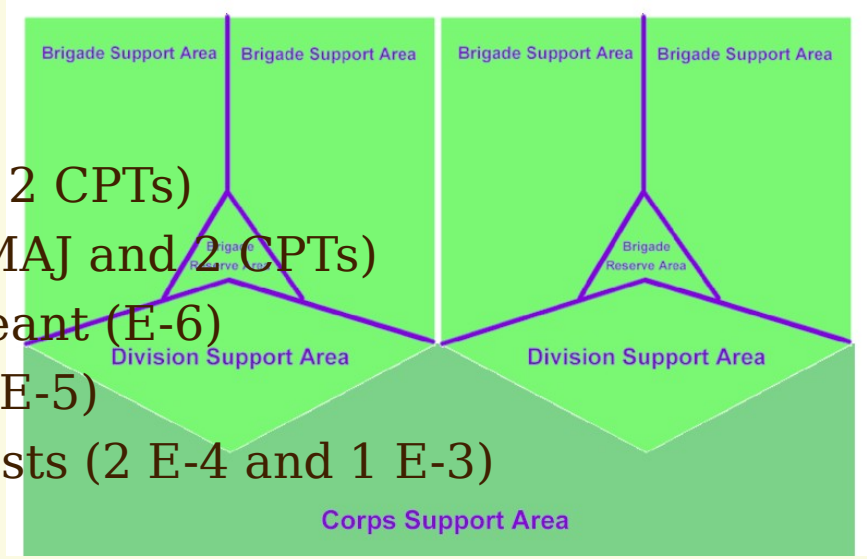
- Headquarter Personnel include:
  - Detachment Commander/ Psychiatrist (MAJ)
  - Detachment Mental Health NCOIC (E-7)

- During deployment, the Detachment Commander may fully participate in a CSCP Team. Command is provided by the Division Psychiatrist.



Preventive Section

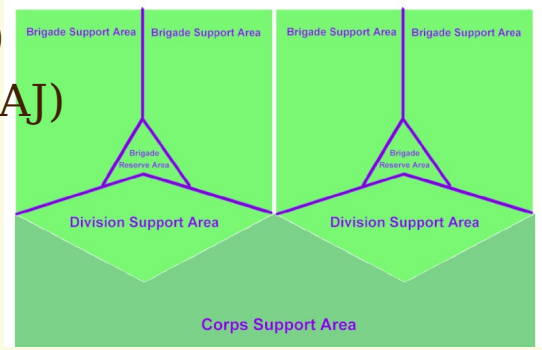
- The CSC Preventive Section can divide into three 4-person teams (CSCP Teams).
- Teams may be “task-organized” for special CSC operations.
- Personnel include:
  - 3 Psychiatrists (MAJ and 2 CPTs)
  - 3 Social Work Officers (MAJ and 2 CPTs)
  - Preventive Section Sergeant (E-6)
  - 2 Mental Health NCOs (E-5)
  - 3 Mental Health Specialists (2 E-4 and 1 E-3)



CSC Restoration Team

- The CSC Restoration Team can provides staff and equipment for operating a restoration or (rarely) reconditioning center.

- Personnel include:
  - Occupational Therapy Officer (CPT)
  - Psychiatric/Mental Health Nurse (MAJ)
  - Clinical Psychologist (CPT)
  - Senior Mental Health NCO (E-7)
  - 2 Mental Health NCOs (E-5)
  - 2 Mental Health Specialists (E-4)
  - Occupational Therapy NCO (E-5)
  - Occupational Therapy Specialist (E-4)
  - Patient Administration Specialist (E-4)



Exit

Conclusion

- Three sources of CSC support were identified and their specific roles were clarified:
  - Area Support Medical Battalion
  - Medical Company, CSC
  - Medical Detachment, CSC
- DMHS and its Brigade CSC Teams have several sources for support and reinforcement.